

YEAR 9



Throughout Year 9, we consolidate our learning from previous years using a range of sports and activities allowing students to learn advanced skills and techniques, enhance their understanding and tactical awareness as well as learning how to evaluate and analyse performance. All linked to GCSE specification.

Basketball

Students will develop skills and techniques learnt in passing, attacking, and defending. They will learn dribbling techniques and understand key tactics and plays within Basketball.

Table Tennis

In Year 9, all students will be able to hold a consistent rally and be able to choose from a variety of shots within a game situation. Students will have key knowledge on advanced rules and be confident in umpiring competitive games.

Football

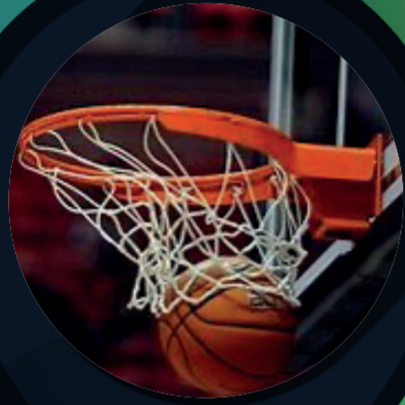
Students will be able to explore advanced techniques, skills, tactics and analysis of football related to the GCSE syllabus. All students will have opportunities to referee and coach to help underpin their practical knowledge of the game.

Softball

Within year 9, students will create a tactical awareness within Softball. Understanding double outs, stealing bases and other key techniques within the game. Students will develop batting and bowling techniques to positively impact their team.

Rounders

Students will create a strong understanding of Rounders, being able to umpire and officiate their own games. Students will learn advanced skills and techniques surrounding batting techniques and bowling strategies.



Sportsmanship
Resilience
Respect
Fair play

Fitness

Fitness in Year 9 consolidates learning from year 7 and 8, introducing energy systems within our body. Linking all our previous knowledge into the GCSE schemes of work. Students will gain knowledge on principles of training.

Tag Rugby

In Year 9, students will have an understanding of advanced passing skills in Rugby, be able to scan successfully to identify space when attacking and communicate effectively in defensive patterns.

Trampolining

Year 9 moves into Trampolining. Students will develop their shapes and flight movements into creating a 8-10 bounce routine. They will learn a selection of basic and advanced skills taken from GCSE PE to give students an opportunity to start learning GCSE concepts before starting the course.

Athletics

Students will understand the advanced techniques and actions used with all events in Athletics, being able to use peer assessment successfully in order to help other develop in chosen events.

Cricket

Through this Invasion game, students will learn a range passes, shooting and defending techniques. They will learn about special awareness, principles of attack, and develop their teamwork and communication skills.

Sport for Life, Skills for Life