

PROTECT YOURSELF AGAINST MENINGITIS

KNOW THE SYMPTOMS
of meningitis and septicaemia
Vaccination does not cover all strains



Fever/
vomiting



Severe
headache



Stiff
neck



Dislike of
bright lights



Very sleepy/
vacant/difficult
to wake



Confused/
delirious



Rash



Seizures



Limb, joint and
muscle pain



Cold hands and
feet/
shivering



Breathing fast/
breathless



Pale and
mottled skin

Harmful meningitis strain on the rise

- It can cause severe disease and death in healthy teenagers and young adults

What's happening?

- All 14-18 year olds will be offered Men ACWY vaccine by late summer 2017
- Getting vaccinated will protect you and also help #StopTheSpread to vulnerable young children and older people

Got your invitation?

- Make sure you get the vaccination



Meningitis vaccine questions?

Freefone 080 8800 3344
helpline@meningitis.org
www.meningitis.org