

# Monday 29<sup>th</sup> October

Weekday in Ordinary Time



Lord, today as we begin a new half term, and start our Wellbeing Fortnight, may we take a moment of quiet and peace. Before we rush through another 8 weeks of school, let us just take a few moments to be still.

Jesus, you remind us in the Gospel today of your desire and your ability to heal us. You care about our wellness – our body, our mind, and our souls. May we remember how precious we are, and how we should treat ourselves with the same gentle care and compassion we are called to show others.

Let this Wellbeing Fortnight act as a reminder to all of us of how important self-care is, and may this be a half term of productivity, peace, and joy, filled with care for one another, and ourselves.

**Amen.**

**WISEMAN CHAPLAINCY  
IS ON SPOTIFY!**

Listen, worship, and relax.

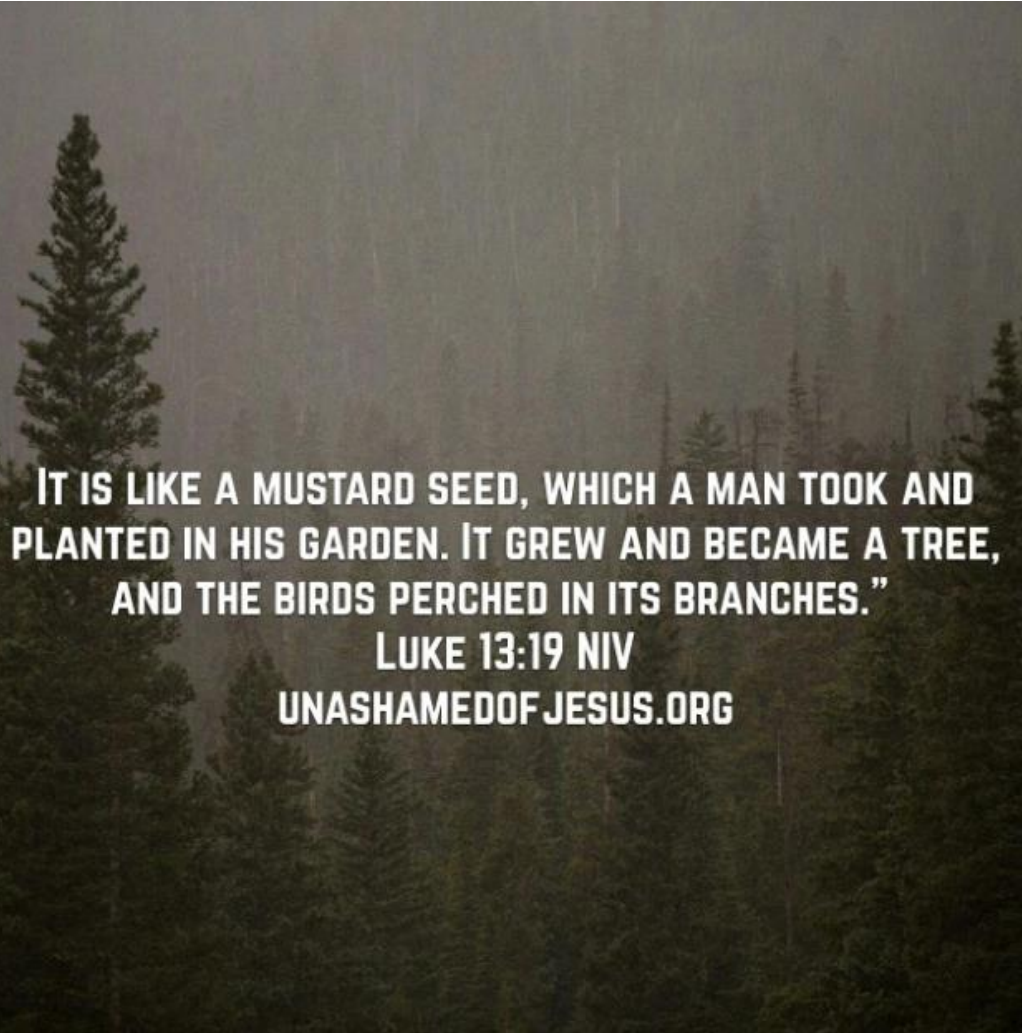
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# Tuesday 30<sup>th</sup> October

Weekday in Ordinary Time

Today in the Gospel, Lord, you are asked what the kingdom of Heaven is like, and you replied “It is like a mustard seed, which a man took and planted in his garden. It grew and became a tree and the birds perched in its branches.” May we today ponder on your words. Our faith, like the mustard seed, can sometimes seem so small and fragile in this huge world. Yet it, like the tiny mustard seed, holds the potential for huge things. If we nurture it, and let it grow, it will blossom into the biggest of trees – a tree that will act as shelter and refuge against everything this world contains. Let us not overlook the littleness of our faith today, but embrace it and watch it grow.

**Amen.**



# Wednesday 31<sup>st</sup> October

Weekday in Ordinary Time

Jesus, today is Halloween, or 'All Hallow's Eve'. Today the world dresses up, and embraces all things scary and haunting. However, All Hallow's Eve is actually just the day before All Hallow's (which is All Saint's Day). Today is a day to prepare for this big feast tomorrow – a day to think of all those who have passed and we want to celebrate with love, joy and admiration on All Saints. It is not a day to be afraid, or play pretend, but instead is a day to be filled with abundant hope. Hope in your eternal life, and hope in our own call to holiness alongside all your holy saints.

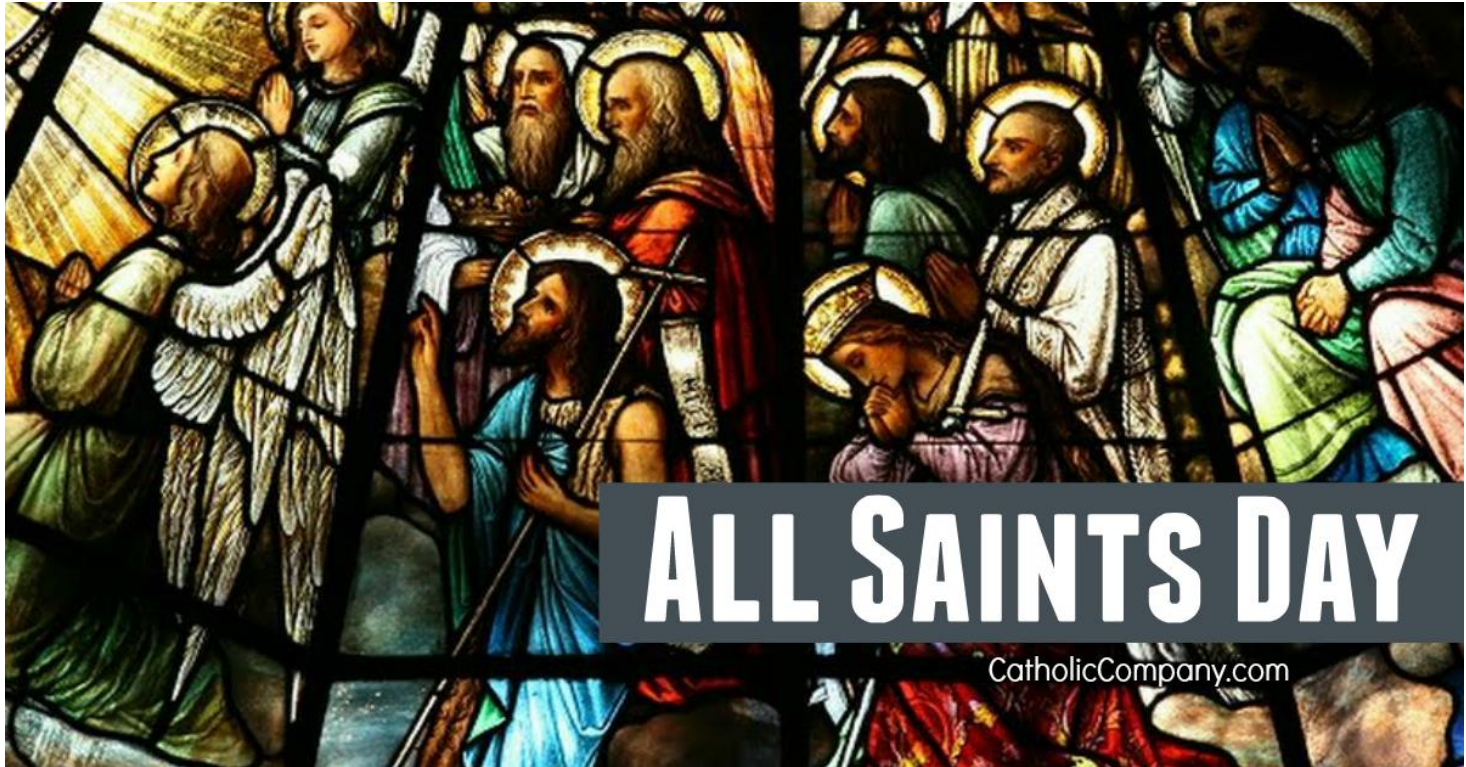
**Amen.**





# Thursday 1<sup>st</sup> November

The Holy feast of All Saints



Jesus, today may we reflect on the lives of the saints. May we remember them with love, with joy, and with thanks. Thanks for their great faith that paved the way for us – thanks for their lives that they lived so fully for you – thanks for every word of truth that they spoke into this world. May we pray for them, ask them to pray for us, and today think, how can I live my life in a way more like them? How can I love you as well as they did? How can I become the saint you created me to be?

**Amen.**

*Remembering All Souls*

*November 2nd*

"IF TODAY WE ARE REMEMBERING THESE BROTHERS AND SISTERS OF OURS WHO LIVED BEFORE US AND ARE NOW IN HEAVEN, THEY ARE THERE BECAUSE THEY WERE WASHED IN THE BLOOD OF CHRIST, THAT IS OUR HOPE, AND THIS HOPE DOES NOT DISAPPOINT. IF WE LIVE OUR LIVES WITH THE LORD, HE WILL NEVER DISAPPOINT US."

*Pope Francis*

Jesus, in today is the feast day of All Souls. As Pope Francis says above – today is a day to remember all the souls of those who have lived and passed before us. A day to remember them with love, and to pray for their eternal rest in heaven. May this day not be a day of sadness, but a day of hope and joy. Joy that they have peace, joy that they have rest, and joy that they have eternal life through you. Thank you for all these souls, may they rest in peace.

**Amen.**