Week beginning 28th October (Monday)

All Saints and All Souls

"The Saints were not superhuman. They were people who loved God in their hearts, and who shared this joy with others".

In the early years when the Roman Empire persecuted Christians, so many martyrs died for their faith, that the Church set aside special days to honour them. But since there were too many martyrs for each one to be given their own day, they were grouped together into one day.

All Saints' Day, also known as the Feast of All Saints, is celebrated every year on November 1st.

On this day Catholics honour all those who have entered Heaven. It is a Christian celebration in honour of all the saints from Christian history.

The Christian festival of All Saints Day comes from a belief that there is a spiritual connection between those in Heaven and those on Earth.

Let us start our week by asking God to help us be living saints and be guided by those who have already gone before us to God's kingdom. Let us say together;

Dear God, we praise you for giving us the glorious example of the Saints. We aspire to meet their company, praising you forever in Heaven. Please help us to follow in their footsteps, and yours, Jesus Christ. Please help us to submit ourselves to Your call, seeking Your order in all things, just as the Saints did. Please help us to commit ourselves to Your glory, and to the service of our neighbours.

Amen.

Week beginning 28th October (Tuesday)

All Saints and All Souls

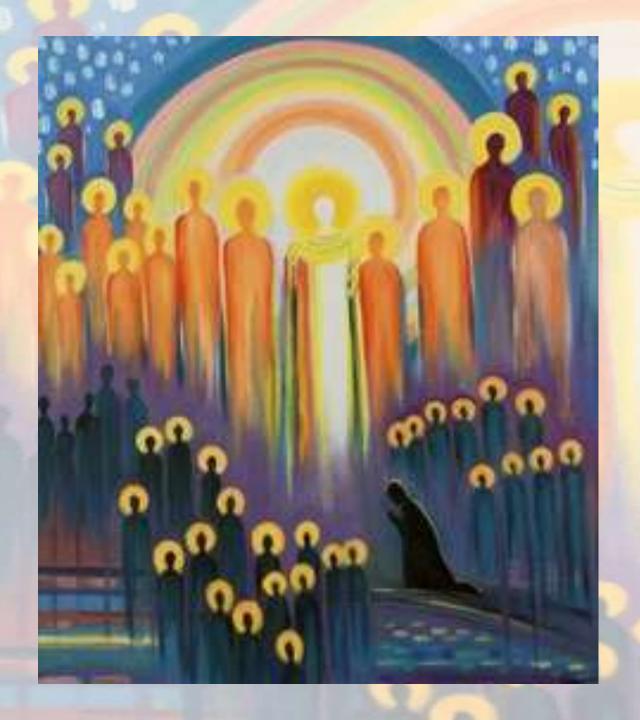
"The Saints were not superhuman. They were people who loved God in their hearts, and who shared this joy with others".

I believe in the Communion of Saints.....

These words are said by us every Sunday as we recite the creed at Mass. But what is the Communion of Saints? We need to understand this before we can understand the need to pray both for and to the dead, asking for their intersessions.

The Communion of Saints is what makes up the Church; it is US - the living Pilgrims, The Souls in Purgatory - ALL the holy men and women who have died believing in Christ and the SAINTS in Heaven.

Take a minute in silence to reflect on what this means to you and to those you love.



Let us offer up our reflections to our Lord by praying:

Our Father, Who art in heaven **Hallowed be Thy Name;** Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Week beginning 28th October (Wednesday)

All Saints and All Souls

"The Saints were not superhuman. They were people who loved God in their hearts, and who shared this joy with others".

We learn so much about how to live our lives from the stories of Jesus and Mary, but there are so many other incredible people to learn from, especially saints.

What makes the saints special is that anyone can be one; saints were not just around in Jesus' time, but many are from the 21st century. We can relate them and their stories.

What is also great is that not all saints were perfect. Some of them made huge mistakes but turned their lives to God. We can use them as a guide for us and even ask them to intercede (help lift our prayer) in our prayers to God.

Let us take a moment to think:

How can I be inspired by the Saints today?

Do I have a Saint who I can relate to and could ask for their intercession?

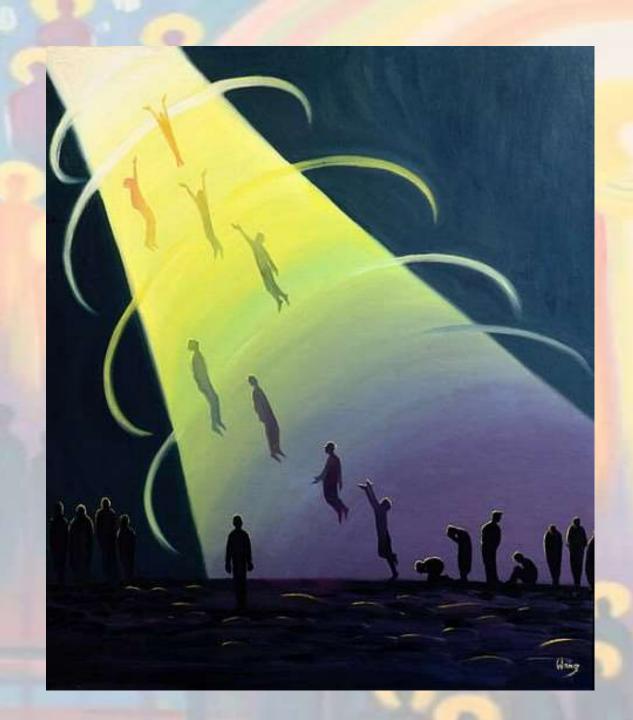
Let us Pray;

Father, All-Powerful and everliving God, today we rejoice in the holy men and women of every time and place. May their prayers bring us your forgiveness and love We ask this in the name of Jesus Christ our Lord. Amen.

Week beginning 28th October (Thursday)

All Saints and All Souls

"The Saints were not superhuman. They were people who loved God in their hearts, and who shared this joy with others".



In the 10th century, Abbot Odela of the Cluny monastery added the November 2nd as All Souls Day to the Christian calendar to honour not just the martyrs, but all Christians who had died.

The picture you see is by Elizabeth Wang. It is her portrayal of Souls in Purgatory rising to heaven as they are purified.

Let us take a moment to pray for all our brothers and sisters who have departed from this life as we say together;

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace.

Amen.

Week beginning 28th October (Friday)

All Saints and All Souls

"The Saints were not superhuman. They were people who loved God in their hearts, and who shared this joy with others".

As we enter heaven we will see them, so many of them coming towards us and thanking us. We will ask who they are, and they will say a poor soul you prayed for in purgatory."

As we end our week let us read this quote from Fulton J Sheen. Take a moment of silent reflection to think of someone you can pray for today.

