



## How much should I help my child?

When children arrive at secondary school, many parents and carers feel less involved with their child's learning. In the teenage years in particular, some feel as though they have less of a right to ask their child what's going on in lessons, or to check their homework or to monitor their independent reading at home.

The truth is that children need parents and carers more than ever as they travel through secondary school, especially in establishing a routine, balancing school and home learning again. Your child's world is expanding rapidly and most children struggle to cope with the level of organisation and independence required for secondary education. But being independent doesn't mean 'alone'. Together, we have to *teach* children how to be an efficient independent learner. This means:

- Establishing a good routine each evening
- Doing homework early and at a similar time each day
- Completing it in a calm and quiet space
- Having a dictionary to hand to check spelling
- Regularly using the school learning website FROG
- Doing homework on the night it is set
- *Reflecting* on their learning and progress
- *Encouraging independent learning*

All children should continue to read for pleasure. The impact this has on their literacy, which affects every single subject, is huge. At the end of each half term, we have included two pages in the student Organiser to help you support your child's learning. One refers to their reading books, the other to the curriculum. There is also great list of 'must reads' compiled by students to guide your choices.

We hope you enjoy engaging with your child this year and learning with them as they move forward.