

Year 8&9
Activities Week
14-17th July 2014



Monday 14th July



Itinerary...

0900-0945	Arrive at Cardinal Wiseman School. Register outside New Sports Hall
0945-1015	Introduction/Briefing
1030-1200	Training Session 1 with Brentford Coaches
1200-1300	Lunch
1315-1445	Training Session 2 with Brentford Coaches
1500	Depart

What to bring...

- A packed lunch
- Water
- High factor sun cream
- Sun hat
- Rain coat
- Warm clothing
- Trainers, Football Boots/Moulds
- Shin pads

Students must...

- Ensure they have brought any medication they need, including inhalers.
- Ensure they have brought with them everything they may need and wear appropriate clothing for football.
- Be sensible in and around the school grounds.
- Uphold the school's Code of Conduct

Consequences...

If a student does not uphold the school's Code of Conduct...

- They will be warned that their behaviour must improve.
- They will remain with a teacher for the rest of the day.
- They will not take part in activities during the Football Camp and will remain in school.

Tuesday 15th July



Itinerary...

1000-1015	Arrive changed and in training kit at Cardinal Wiseman School. Register outside New Sports Hall
1030-1200	Training Session 1 with Brentford Coaches
1200-1300	Lunch
1315-1445	Training Session 2 with Brentford Coaches
1500	Depart

What to bring...

- A packed lunch
- Water
- High factor sun cream
- Sun hat
- Rain coat
- Warm clothing
- Trainers, Football Boots/Moulds
- Shin pads

Students must...

- Ensure they have brought any medication they need, including inhalers.
- Ensure they have brought with them everything they may need and wear appropriate clothing for football.
- Be sensible in and around the school grounds.
- Uphold the school's Code of Conduct

Consequences...

If a student does not uphold the school's Code of Conduct...

- They will be warned that their behaviour must improve.
- They will remain with a teacher for the rest of the day.
- They will not take part in activities during the Football Camp and will remain in school.

Wednesday 16th July



Itinerary...

1030-1045	Arrive at Greenford Tube station to meet Mr Kalinowski and Mr Brown
1045	Depart on Tube for Wembley Park and walk up Wembley Way for behind the scenes tour of Wembley Stadium.
1200	Tour of Wembley Stadium
1330	Visit Wembley Store

What to bring...

- A packed lunch
- Water
- High factor sun cream
- Sun hat
- Rain coat
- Warm clothing
- Money for merchandise.
- Money/Oyster Card for Travel.
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The school will take no responsibility for valuables that are brought on the trip to Wembley Stadium.

Students must...

- Ensure they have brought any medication they need, including inhalers.
- Ensure they have brought with them everything they may need and wear appropriate clothing for the day.
- Be sensible when using Public Transport.
- Follow teacher instructions during the journey.
- Uphold the school's Code of Conduct

Consequences...

If a student does not uphold the school's Code of Conduct...

- They will be warned that their behaviour must improve.
- They will remain with a teacher for the rest of the day.
- They will not take part in activities during the Football Camp and will remain in school instead.

Thursday 17th July



Itinerary...

1000-1015	Arrive changed and in training kit at Cardinal Wiseman School. Register outside New Sports Hall
1030-1200	Training Session 1 with Brentford Coaches
1200	Report to Teacher to be dismissed.
15.45	Meet at outside School Sports Hall to transport players to Twickenham Academy (Lincoln Fields), Percy Road, Twickenham
1700	Arrive changed in School Football Kit
1705	Briefing
1715	Warm Up
1730	Kick Off (2 x 35 minute periods)
1850	Cool Down
1900	Depart

What to bring...

- A packed lunch
- Water
- High factor sun cream
- Sun hat
- Rain coat
- Warm clothing
- Trainers, Metal Studded Football Boots/Moulded studded boots/ Astroturf Boots. **NO BLADES OR TRAINERS**
- Shin pads

The school will take no responsibility for valuables that are brought into the football camp.

Students must...

- Ensure they have brought any medication they need, including inhalers.
- Ensure they have brought with them everything they may need and wear appropriate clothing for football.
- Be sensible in and around the school grounds.
- Uphold the school's Code of Conduct

Consequences...

If a student does not uphold the school's Code of Conduct...

- They will be warned that their behaviour must improve.
- They will remain with a teacher for the rest of the day.
- They will not take part in activities during the Football Camp and will remain in school instead.