

Ealing Parenting Service

New Parenting Courses from September 2017

Ealing Local Authority have just published their parenting support programmes for 2017/18. If you are interested in joining one of the groups, please contact your Child's Head of Year who can discuss the referral with you. Please note that parents are unable to make self-referrals, these must be made by the child's school.

FAMILY LINKS

This 10 session weekly course helps parents of children 2-12 years olds by offering many positive, practical and fun ways of guiding children so they can manage their feelings and behaviour. Based on the four core principles of self-reflection, positive discipline, empathy and appropriate expectations, the course help parents reflect on their own experience as a child and being parented and how this affects your parenting now. There is a focus on looking after yourself and understanding you and your own child's emotional needs and build good communication and practical strategies to manage behaviour.

Family Links - 10 week course ISLAMIC VALUES		Information:
Date	12 th September - 21 st November 2017 (Not including School Holidays)	<ul style="list-style-type: none"> • 10 x 2 hour weekly sessions • This is our adapted Family Links Programme which runs over 10 weeks with Islamic Values
Time	9.15-11.15am	
Venue	Southall Central Mosque, 6 Montague Ways, Southall UB2 5PA	
Crèche facility	No Facilitators: Munaza Zaman	

Family Links - 10 week course - PARENTS WITH CHILDREN WITH ADDITIONAL NEEDS (Autistic spectrum disorders, ADHD, physical and learning disabilities)		Information:
Date	Dates TBC Oct - Dec 2017 (Not incl school Holidays)	<ul style="list-style-type: none"> • 10 x 2 hour weekly sessions • Languages in Urdu/Punjabi/English/Hindi
Time	9.15-11.15am	
Venue	Mandeville Primary School, Horsenden Lane, Greenford, UB6 0PA	
Crèche facility	No Facilitators: Munaza Zaman and Nadira	

Family Links - 10 week course		Information:
Date	5 th October - 14 th December 2017 (Not including School Holidays)	<ul style="list-style-type: none"> • 10 x 2 hour weekly sessions • Speak Punjabi, Hindi & Urdu
Time	9.30-11.30am	
Venue	Fielding Primary School, Wyndham Road. Ealing, W13 9TE	
Crèche facility	No Facilitators: Narinder Rehal, Desha Gill	

Family Links - 10 week course		Information:
Date	Coffee Morning - 5 th sept 2017 Start Date: 12 th September - 5 th December 2017 (Not including School Holidays)	<ul style="list-style-type: none"> • 10 x 2 hour weekly sessions
Time	9-11am	

Venue	North Ealing Children Centre, Summerfield Road, Ealing, W5 1ND	
Crèche facility	YES	Facilitators: Naomi Rattrey

Strengthening Families, Strengthening communities

This is a 13 x 3 hour weekly programme for parents of children 2 -19 years old. This course explores the way families communicate and the influence of wider culture and community have on your family. This course promotes positive relationships for you and your children, teaching effective discipline methods to give you confidence and skills to make home life more manageable.

Strengthening families, Strengthening communities -EVENING

Information:

Date	13 TH September - 13 th December 2017 (not inc school holidays)		* 13 x 3hr weekly sessions
Time	6-9pm		
Venue	Everyone Active, 44 High Street, Acton, W3 6NE		
Crèche facility?	No	Facilitators: Jade-Ashley Littlejohn and Barbara Boghetto	

Strengthening families, Strengthening communities -DAYTIME

Information:

Date	2 nd November 2017 - 8th February 2018 (not inc school holidays)		* 13 x 3hr weekly sessions
Time	11-2pm		
Venue	Everyone Active, 44 High Street, Acton, W3 6NE		
Crèche facility?	No	Facilitators: Caren Joseph and Derek Willis	

Understanding Anger for parents and professionals - one day workshop

The British association for anger management run this one day on understanding and dealing with anger.

Dates	October 2017	<ul style="list-style-type: none"> • 1 day workshop • Creche provided • Please stae name and age of child to be cared for – snacks for children have to be provided and the parent must turn up half an hour before the start for settling in.
Time	9.30 - 4.30pm	
Venue	Dormers Wells Junior School, Dormers Wells Lane, Southall UB1 3HX	
Facilitator	Mike Fisher	

Raising Confident Children - For parents with children with additional needs

This course is for parents with children with suspected or undiagnosed ASD/conduct disorders. The content stimulates ideas on how parents and their children can both get what they need without falling out and supports parents to better understand their children's behaviour and respond positively.

Programme Aims:

- Session 1 Valuing ourselves - Our needs matter too
- Session 2 Being positive with our children
- Session 3 Understanding Children's Behaviour
- Session 4 Describing not labelling
- Session 5 Getting alongside our children
- Session 6 Helping children to handle their feelings
- Session 7 Managing difficult or challenging behaviour
- Session 8 Cooperation Toolkit

Family Lives - Raising Confident Children

	28th September to Thursday 23rd November 2017 (excluding half term 26th October)		*Delivered over a period of 8 weeks with each session lasting 2½ hours.
Dates	Thursdays - 28 th September, 5 th , 12 th , 19 th October and 2 nd , 9 th , 16 th , 23 rd November 2017.		
Time	10.00 am - 12.30 pm		
Venue	Earth Room, Hanwell Children's Centre, 25a Laurel Gardens Hanwell, W7 3JG		
Crèche facility?	No	Facilitators: Aisha Bello & Catherine Hanley	