

## **Family Links**

This 10 session weekly course helps parents of children 2-12 years olds by offering many positive, practical and fun ways of guiding children so they can manage their feelings and behaviour.

There is a focus on looking after yourself and understanding you and your own child's emotional needs and building good communication and practical strategies to manage behaviour.

### **Family Links - Parents with children with additional needs**

**Dates:** Thursday, 5 October - 14 December 2017 (Not incl school Holidays)

**Time:** 10am to 12pm

**Venue:** Mandeville Primary School, Horsenden Lane, Greenford, UB6 0PA

**Languages** in Urdu/Punjabi/English/Hindi

**Dates:** Thursday, 5 October - 14 December 2017 (Not including School Holidays)

**Time:** 9.30 to 11.30am

**Venue:** Fielding Primary School, Wyndham Road. Ealing, W13 9TE

**Languages** in Punjabi, Hindi & Urdu

**Dates:** Thursday, 5 October 2017 - 14 December 2017

**Time:** 9.30 to 11.30am

**Venue:** Greenfields Children Centre, Recreation Road, Southall UB2 5PF

## **Strengthening families strengthening communities**

This is a 13 x 3 hour weekly programme for parents of children 2 -19 years old. This course explores the way families communicate and the influence of wider culture and community have on your family.

### **Strengthening families, Strengthening communities – Evening**

**Dates:** Wednesday, 1 November - 7 February 2017 (not inc school holidays)

**Time:** 6 to 9pm

**Venue:** Everyone Active, 44 High Street, Acton, W3 6NE

### **Strengthening families, Strengthening communities – Daytime**

**Dates:** Thursday, 2 November 2017 – 8 February 2018 (not inc school holidays)

**Time:** 11 to 2pm

**Venue:** Everyone Active, 44 High Street, Acton, W3 6NE

## **Webster Stratton incredible years ® School Age 6-11 years**

This 14 session 2.5 hr weekly course for parents of 6-11yrs old aims to help parents to build positive and close relationships with their children, whilst at the same time teaching strategies to manage unacceptable behaviour.

**Dates:** Wednesday, 15 November 2017 - 7 February 2017 (Not including Half term)

**Time:** 10.15 to 12.30pm

**Raising confident children – For parents with children with additional needs**

**Dates:** Thursday 28 September – 23 November 2017

**Times:** 10 to 12.30pm

**Venue:** Earth Room, Hanwell Children's Centre, 25a Laurel Gardens, Hanwell, W7 3JG