

Wiseman Career Lecture 3



In our third Wiseman Career Lecture on 25th September, we hosted Ben O'Sullivan, an ex-Wiseman student, who is currently studying Mental Health Nursing at the University of Surrey. Ben wanted to share his experiences with students, especially those who study Psychology. Having himself done an A Level in Psychology, he always knew that Mental Health was the area he wanted to go into, and after researching all the possible degrees Mental Health Nursing seemed just right. He was looking for a degree that offered more practical experiences as he was not keen on just learning theory from books and writing long essays. He spoke with such passion about all the misconceptions and stigma surrounding mental health and all the new approaches and practices emerging. He was a real advocate of studying Nursing and Mental Health Nursing in particular, showing so many opportunities within the profession and career progression. He was very honest about the reality of working on NHS wards and many other settings, which can be stressful but also really rewarding. The session was well attended, with over 150 students in the audience, many in blue uniforms, which was especially nice to see. They were really engaged and asked lots of good questions. Fantastic session, thank you Ben.