FREE

online parenting workshop

PARENTING TOGETHER WORKSHOP SERIES

Tuesday 16th Apr 2024 10am-12pm via MS Teams

HELPING CHILDREN COPE WITH SEPARATION & DIVORCE

When a family breaks up, it is hard for everyone, but this is a reality many children face. They need to be supported to understand that their parents need to move on from being a couple to being partners in parenting

How parents handle this process and deal with any conflict has a significant impact on how their children cope with their separation

Children need the love and support of both parents as they adjust to change

In this workshop, we will look at practical steps parents can take to ease the impact of their separation on their children, and help them feel safe and secure amid their parents' break up.



Delivered by
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